

Table of Contents
Cooking for Just Me and whomever I want to...
Introduction
Table of Contents
Cooking for Me
Your Kitchen
Essential Kitchen Tools
In the Pantry
In the Refrigerator
Wine Types
Pairing of Wine with Food
Eggs
Hot Dogs and Hamburgers
Sandwiches
Stir-Fries
How to Stir-fry...
Stir-Fry Recipes
Pasta
Cooking Pasta and Noodles - Questions and Answers
Some Pasta or Noodle Recipes
Asian Noodles
Types of Noodles
How to Enjoy Noodles
Noodle Recipes
Chicken
Chicken Cooking Basics
Chicken Recipes
Beef
Beef Cuts

# Beef Cooking Times 

Beef Recipes
Shellfish

Breakfast<br>Making Coffee<br>The Perfect Cup of Tea<br>Some Common Herbal Teas<br>Pancakes<br>Crepes<br>Crepe Variations<br>Vegetables<br>Potatoes<br>Potato Recipes<br>Cheese Types<br>Asparagus<br>Salads and Salad Dressings<br>Meat and Fish Loafs<br>Fish<br>Snacks<br>What to do with Leftovers<br>Crock-Pots, Soups and Slow Cooking<br>Cooking for ... whomever I want to<br>Just Friends<br>Appetizers<br>Main Courses<br>Romantic Dinner For Two<br>Atmosphere<br>Conversation<br>Preparation<br>Fireplace<br>Background Music for Dinner for Two<br>Dinner For Just Two - Menu \#1<br>Dinner For Just Two - Menu \#2<br>Breakfast In Bed<br>Muffins and Scones<br>Strawberries<br>Romantic Picnic<br>Some Picnic Recipe Ideas!<br>Food Safety<br>Food Handling Tips<br>Index of Recipes<br>Appetizers<br>Beef<br>Chicken

Crock Pots and Soup

Eggs<br>Fish<br>Hamburgers and Hot Dogs<br>Meatloaf<br>Misc<br>Muffins and Scones<br>Pancakes<br>Pasta<br>Potatoes<br>Roasts<br>Salads<br>Sandwiches<br>Shell Fish<br>Stir Fries<br>Strawberries<br>About the Author

